MULTIMEDIA UNIVERSITY

STUDENT ID NO

MULTIMEDIA UNIVERSITY

FINAL EXAMINATION

TRIMESTER 1, 2022/2023 (TERM ID 2210)

LFE 1017- FUNDAMENTALS OF ENGLISH

(Degree Programmes)

13 February 2023
9.00 a.m. –11.00 a.m.
(2 Hours)

INSTRUCTIONS TO STUDENT

1. This question paper consists of **SEVEN** pages only.
2. Answer **ALL** questions in **Sections A and B.**
3. Please write all your answers in the Answer Booklet provided.

SECTION A: READING AND VOCABULARY [20 MARKS]

Instructions: Read the passage below and answer the questions that follow.

DEPRESSION

1 Depression is a common illness worldwide, with an estimated 3.8% of the population affected, including 5.0% among adults and 5.7% among adults older than 60 years. Approximately 280 million people in the world have depression. Depression is different from usual mood fluctuations and short-lived emotional responses to challenges in everyday life. Especially when recurrent and with moderate or severe intensity, depression may become a serious health condition. It can cause the affected person to suffer greatly and function poorly at work, at school and in the family. At its worst, depression can lead to suicide. Over 700 000 people die due to suicide every year. Suicide is the fourth leading cause of death in 15-29-year-olds.

2 Although there are known, effective treatments for mental disorders, more than 75% of people in low and middle-income countries receive no treatment. Barriers to effective care include a lack of resources, lack of trained health-care providers and social stigma associated with mental disorders. In countries of all income levels, people who experience depression are often not correctly diagnosed, and others who do not have the disorder are too often misdiagnosed and prescribed antidepressants.

3 During a depressive episode, the person experiences depressed mood (feeling sad, irritable, empty) or a loss of pleasure or interest in activities, for most of the day, nearly every day, for at least two weeks. Several other symptoms are also present, which may include poor concentration, feelings of excessive guilt or low self-worth, hopelessness about the future, thoughts about dying or suicide, disrupted sleep, changes in appetite or weight, and feeling especially tired or low in energy.

4 In some cultural contexts, some people may express their mood changes more readily in the form of bodily symptoms (e.g. pain, fatigue, weakness). However, these physical symptoms are not due to another medical condition. During a depressive episode, the person experiences significant difficulty in personal, family, social, educational, occupational, and/or other important areas of functioning. A depressive episode can be categorised as mild, moderate, or severe depending on the number and severity of symptoms, as well as the impact on the individual's functioning.

5 There are different patterns of mood disorders including: single episode depressive disorder, meaning the person's first and only episode); recurrent depressive disorder, meaning the person has a history of at least two depressive episodes; and bipolar disorder, meaning that depressive episodes alternate with periods of manic symptoms, which include euphoria or irritability, increased activity or energy, and other symptoms such as increased talkativeness, racing thoughts, increased self-esteem, decreased need for sleep, distractibility, and impulsive reckless behaviour.

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6 Depression results from a complex interaction of social, psychological, and biological factors. People who have gone through adverse life events (unemployment, bereavement, traumatic events) are more likely to develop depression. Depression can, in turn, lead to more stress and dysfunction and worsen the affected person's life situation and the depression itself.

7 There are interrelationships between depression and physical health. For example, cardiovascular disease can lead to depression and vice versa Prevention programmes have been shown to reduce depression. Effective community approaches to prevent depression include school-based programmes to enhance a pattern of positive coping in children and adolescents. Interventions for parents of children with behavioural problems may reduce parental depressive symptoms and improve outcomes for their children. Exercise programmes for older persons can also be effective in depression prevention.

8 There are effective treatments for depression. Depending on the severity and pattern of depressive episodes over time, health-care providers may offer psychological treatments such as behavioural activation, cognitive behavioural therapy and interpersonal psychotherapy, and/or antidepressant medication such as selective serotonin reuptake inhibitors (SSRIs) and tricyclic antidepressants (TCAs). Different medications are used for bipolar disorder. Health-care providers should keep in mind the possible adverse effects associated with antidepressant medication, the ability to deliver either intervention (in terms of expertise, and/or treatment availability), and individual preferences. Different psychological treatment formats for consideration include individual and/or group face-to-face psychological treatments delivered by professionals and supervised lay therapists. Antidepressants are not the first line of treatment for mild depression. They should not be used for treating depression in children and are not the first line of treatment in adolescents, among whom they should be used with extra caution.

9 WHO's Mental Health Action Plan 2013-2030 highlights the steps required to provide appropriate interventions for people with mental disorders including depression. Depression is one of the priority conditions covered by WHO's Mental Health Gap Action Programme (mhGAP). The Programme aims to help countries increase services for people with mental, neurological and substance use disorders through care provided by health workers who are not specialists in mental health.

10 WHO has developed brief psychological intervention manuals for depression that may be delivered by lay workers to individuals and groups. An example is the Problem Management Plus manual, which describes the use of behavioural activation, stress management, problem solving treatment and strengthening social support. Moreover, the Group Interpersonal Therapy for Depression manual describes group treatment of depression. Finally, the Thinking Healthy manual covers the use of cognitive-behavioural therapy for perinatal depression.

Adapted from W. H. O. (2021). Depression. Dec,2022, from https://www.who.int/news-sheets/detail/depression

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Part A: Contextual clues (5 marks)
Instructions: Provide a word from the reading passage for each definition below.

1. Irregular rising and falling (Paragraph 1)
2. More than necessary (Paragraph 3)
3. The intense of excitement and happiness (Paragraph 5)
4. Abnormal or impairment (Paragraph 6)
5. Action taken to improve on certain things (Paragraph 10)

Part B: True or False (5 marks)
Instructions: State if the following statements are True or False.

1. 3.8% of total population is affected with depression.
2. Many people from all sorts of income level receive depression treatment.
3. People who have gone through adverse life are more likely to develop depression and know how to handle depression.
4. Children and adolescent who are facing depression can join effective community programmes to prevent depression.
5. Thinking healthy manual covers on the style of thinking in solving problem.

Part C: Comprehension questions (10 marks)
Instructions: Answer the following questions in complete sentence.

1. Based on the passage, what is depression? (1 mark)
2. What is the worst thing that can happen to a person that is facing depression? (1 mark)
3. State four symptoms for a person having depressive mood. (2 marks)
4. What is the main idea in paragraph 4? (2 marks)
5. Why do you think that antidepressant medication should be treated with extra caution? (2 marks)
6. i) State the initiative taken by WHO to provide treatment for people with mental disorders (1 mark)
   ii) What is the aim of this initiative? (1 mark)

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SECTION B: GRAMMAR [20 MARKS]

Part A: Subject verb agreement (10 marks)

Instructions: There are **TEN** subject verb agreement mistakes in the paragraph, please identify the error.

Example

No	Line	Error	Correction
0.	2	emphasizes	emphasize

The Importance of Teamwork in Your Organization

Teamwork is important for organizations, especially in today's highly digital world. Studies show that organizations that **emphasizes** teamwork innovate faster, see mistakes more quickly, find better solutions to problems, and attain higher productivity. Improving teamwork aims to increase productivity and performance for the benefit of the organization. For example, salespeople thrive on healthy competition, but they close more deals, and the organization benefit when they work as a team.

Teamwork is essential because it maintains an enjoyable work environment. Teamwork builds strong employee relationships because the more employees work close to each other, the more they get to know each other and develops a liking for each other. The more they work together, the more they learn and learn to live with each other's likes, dislikes, strengths, and weaknesses. When they work together for a long time, the team naturally become more collaborative, and this leads to a more enjoyable work environment for everyone. A pleasant work environment leads to higher productivity, and this helps organizations realize their goals quickly.

Another importance of working together as a team are that it increases works efficiency. Statistics show that employees who work as a team accomplish tasks faster and much more efficiently than those who work individually. Working as a team on different assignments minimizes workloads for all employees by sharing ideas and responsibilities. Employees, especially salespeople, have a lot of pressure to meet sales goals in a shorter time scale. Teamwork is important because it enables your team to share ideas and responsibilities, which help reduce stress on everyone, allowing them to be meticulous and thorough when completing tasks. This will enable them to meet sales goals quickly.

Teamwork increases learning opportunities. Employees in an organization differs in terms of the level of work experience, expertise, and skills they possess. Collaboration enables these employees to interact with each other in a project. This interaction is a great learning opportunity for new employees because they can acquire skills they did not have from more experienced employees.

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Also, more experienced employees can get fresh and innovative ideas from new employees. Also, the importance of teamwork in business is that it allow new and more experienced employees to challenge each other's ideas and ways of doing things to come up with an agreeable, effective solution that helps employees complete the tasks at hand.

Teamwork leads to increased accountability. Employees who work individually is likely to experience low morale and be less accountable. With teamwork, no member wants to let others down, and therefore confidence is maintained. Also, working as a team make every employee accountable, especially if they are working with experienced, respected employees who have a reputation for hard work and accountability. Organizations can benefit significantly from teamwork because employees will complete projects ahead of the deadline due to increased productivity and efficiency.

Adapted from Hansson, H. (2022). The Importance of Teamwork in Your Organization. *Docket. Retrieved May 27, 2022, from https://www.dockethq.com/resources/importance-of-teamwork-in-your-organization/*

No	Line	Error	Correction
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			

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PART B: Tense consistency (10 marks)
Instructions: Please answer all the questions

Example

0. A. kicks **B. kicked** C. is kicking D. kick

High stakes for Qatar as World Cup start

The World Cup (0) _____ off in Qatar yesterday. It was a high-stakes event for the tiny nation which it (1) _____ a barrage of criticism and staked its reputation on delivering a smooth tournament. The first (2) _____ in the Middle East and most expensive in history. In a show of Arab solidarity, Saudi Arabia crown prince and the presidents of Egypt and Algeria (3) _____ among the political leaders at the opening ceremony to be held in a tent-shaped stadium, before the first match between hosts Qatar and Ecuador. The U.N. secretary general is also in Doha.

The tournament marks a culmination of Qatar soft power push on the global stage and a show of strength after emerging from a 3-1/2 year boycott by Saudi Arabia and three Arab allies, including Egypt, that ended in 2021. The event will also see the first direct flights from Israel to Qatar for the World Cup.

Onstage, South Korean singer Jungkook of K-pop boy band BTS (4) _____ a new official tournament song called Dreamers alongside Qatari singer Fahad Al-Kubaisi. Qatar and Fifa hope the spotlight will turn to action on the pitch after facing mounting criticism over foreign workers rights, LGBT rights and social restrictions. Organisers (5) _____ allegations of bribery for hosting rights which played by the media.

Denmark and Germany team captains will wear One Love armbands, their teams said, as they prepare to compete in a conservative Muslim state where same-sex relations are illegal. Alcohol (6) _____ at stadiums. Organisers say all are welcome while warning against pubic displays of affection.

Throngs of enthused fans are in Doha but the main rush is expected later this week. On arrival, Argentina fan Julio Cesar from Buenos Aires said he (7) _____ a great atmosphere. "Even though there is no beer we will drink before the match". All men, gathered in a sports arena in an industrial zone on the city edges where no alcohol (8) _____. They will be able to watch matches there.

Many of the labourers who toiled to prepare tournament infrastructure will watch from the sidelines, priced out of the stadiums. Doha (9) _____ for its treatment of migrant workers but points to labour reforms against exploitation.

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Labourers were putting final touches on outdoor gardens and sidewalks on Saturday and carting construction material near the National Museum as visitors milled about. With a limited number of hotels in Qatar, fans will also fly in on daily shuttle flights from cities like Dubai, as Qatar (10) _____ the World Cup economic boon with neighbours. In Doha, England fan Neil Gahan played soccer with his son next to portacabins housing fans. The cabins were not brilliant, he said, but there were sports facilities nearby and massive screens. Yeah, I think it is going to be all right.

Adapted from N. S. T. (2022). High stakes for Qatar as World Cup starts. News Straight Times. Retrieved November 20, 2022,

1.	A. has faced	B. faced	C. is facing	D. will face
2.	A. held	B. hold	C. had held	D. has hold
3.	A. had ben	B. will be	C. will have been	D. will have
4.	A. has performed	B. performed	C. will have been performing	D. will perform
5.	A. denies	B. have been denying	C. denied	D. have denied
6.	A. has been banned	A. was being banned	B. had been banned	C. will be banned
7.	A. expects	B. expected	C. will expect	D. will be expecting
8.	A. will be served	B. has been served	C. was being served	D. is served
9.	A. will be slammed	B. had been slammed	C. has been slammed	D. was being slammed
10.	A. was sharing	B. shared	C. shares	D. will have shared

End of paper